



FITNESS FLOOR STAFF

Position Summary

Under the supervision of the Director of Healthy Living. This position is responsible for fitness floor operations. Assist all members with proper equipment operation, ensure the safety of all members on the floor, and follow cleaning protocols during the shift. Develop connections among Y members and staff.

Qualifications

- Must be 18 years of age or older. Ability to communicate with, understand, and assist our health seeker population
- Must have good interpersonal communication skills and be sensitive, adaptable, professional, and articulate when dealing with others.
- Basic math, personal computer skills, and experience with standard business software. Ability to respond to safety and emergency situations.
- Versatility, flexibility, and a willingness to work enthusiastically with constantly changing priorities.
- Must be able to maintain confidentiality.
- Must be able to work autonomously within the YMCA core values of Caring, Honesty, Respect, and Responsibility.
- Current CRP/AED certification or ability to attend training and become certified within the first 60 days.

Essential Functions

- Learn members' names and use them frequently.
- Ability to build genuine relationships with members and guests and maintain a welcoming environment with people from all walks of life.
- Ability to interact with the broad spectrum of member and staff diversity.
- Ability to analyze problems and solve them using good judgment and resourcefulness.
- Effective conflict resolution skills.
- Must be able to engage strangers in conversation and make everyone feel welcome.
- Promotes the Y mission and cause in all interactions.
- Ability to learn and follow cleaning protocols, safety protocols, and operational guidelines.
- Learn about group exercise programs and chronic disease programs, and discuss and recommend them to members.
- Record all accident/incident reports and immediately notify supervisor.
- Enforce all YMCA policies positively, using good judgment and tact.
- Conduct member orientations on cardio and strength equipment. Ability to show members how to use equipment and recognize when to turn a member over to a Personal Trainer.
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- Demonstrate a strong work ethic and positive attitude.
- Ability to defuse situations or conflict.

Work Conditions and Physical Demands

- The physical demands described here are representative of those an employee must meet to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.
- Arrive and be ready to work at your scheduled shift time
- Ability to thrive in an environment with the unique challenges of a non-profit community service organization.
- Visual and auditory ability to respond to critical incidents and physical ability to act swiftly in emergency situations.
- Ability to stand or sit while maintaining alertness for several hours at a time.
- Ability to walk, stand, or sit for extended periods.
- Position may require bending, kneeling, and lifting.
- Must be able to lift and/or carry equipment and supplies weighing up to 50 pounds.
- Ability to speak concisely and communicate needs effectively.

Part-time positions only available.

**Please send your resume and [complete application](#) to Brittany Arthur at barthur@woodriverymca.org
208-928-6703**