

Facilitated by Local Food Alliance, 5B Resilience Gardens is a community-wide collaboration involving Wood River Seed Library, University of Idaho Extension & 4-H, Sawtooth Botanical Garden, Wood River Community YMCA, Wood River Land Trust, Upper Big Wood River Grange, and various community members.

Guiding Principles:

FOOD PRODUCTION

Food production for self and family (including veggies, fruits, berries, herbs, grains, seeds & nuts)

Food harvest shared with neighbors and community

Seed saving and sharing, starting seedlings from seeds, propagating perennials Bees for honey

POLLINATORS

Plants to feed pollinators and birds

Plants to feed predators of garden pests

Plant diversity - flowers and trees, including native plants, various sizes and colors of flowers, from early spring to late fall

Zero insecticide or pesticide (Ecological Pest Management (EPM) strategies)

"Messy" late fall and early spring yards, providing habitat materials for birds & insects & their eggs

SOIL CARE

Wise use of water (drip, minimum but sufficient, sunken water delivery, timed with weather and heat of day)

Organic fertilizing methods (No synthetic fertilizers), including manure, compost, Hugelkultur, blood meal, etc.

Composting of all kitchen, yard and garden waste

Environmentally friendly & regenerative soil cultivation practices, including permaculture, no or low till gardening, forking

Soil protection with mulch to maintain the microbiome & fertility, and reduce evapotranspiration