



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# FACILITY AGE GUIDELINES

## ENSURING A SAFE PLACE FOR ALL



### CHILD WATCH

8 Weeks - 7 YRS - Supervision in Facility



### HEALTH & FITNESS

16 & up - Full Access

11 to 15 - Direct Supervision or Full Access  
with teen orientation completed

10 & under - No Access



### SPORTS COURT

11 & up - Full Access

8-10 - Supervision in Facility



### CLIMBING

12 & up - Full Access

11 & under - Direct Supervision



### POOLS

11 & up - Full Access

8-10 - Supervision in Facility

7 & under - Direct Supervision

4 & under - Y approved swim diaper required



### HOT TUB

16 & up - Full Access

11 to 15 - Direct Supervision

10 & under - No Access



### LOCKER ROOMS

16 & up - Full Access to adult locker rooms

4 & under - Direct Supervision with access to  
opposite gender youth locker rooms



### BUILDING

11 & up - Full Access

8-10 - Supervision in Facility

7 & under - Direct Supervision

*(Flip over for age guideline descriptions & check-in policy)*